

Activity Information and Courses

NOTE: Timetable may differ during school holidays. To keep up-to-date with Children's Centre services, please refer to our Facebook page.

Baby Group: This is a group for parents/carers with babies 0-12 months. This is a friendly and informal group where parents can share experiences and access support. These groups are run in a very welcoming atmosphere.

Family Health Clinic: Advice, information and support from the Health Visiting Team and staff from the Children's Centre. A chance to come along relax and chat with others. Breastfeeding support is available.

Song time/Storytime: For babies, pre-school children and their families. Enjoy songs, rhymes, and instruments. Look at books and spend time reading with your children and encourage them to enjoy listening to stories read by others.

Playing Together/Little Explorers: *Invitation Only* A chance to meet with other parents while playing with your children and enjoying the fun activities that are on offer. Staff are available to provide information and support. We aim to support and share with parents an understanding of their children's learning .

Understanding your Child's Behaviour: *Invitation Only* Teignbridge Children's Centres run courses that are designed to help parents develop a way of relating to their child that promotes child development and effective behaviour management.

Here's Looking At You Baby: A group for parents with their babies of 6 months and under. The group will help you to find out what your baby is trying to tell you with their smiles, wriggles, grizzles and sounds. The group will cover a variety of topics.

Some children experience delay with their communication skills. This may be their speech or their listening/attention skills. If you are concerned about any of these, the Children's Centre can arrange for a member of our team or a Health Visitor to carry out a Let's Talk More screening and support will then be offered through our groups and 1:1 support.

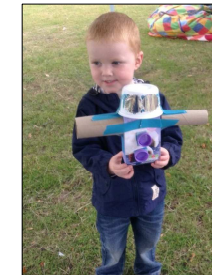
Jan 2017

Sure Start
Children's Centres
in Teignbridge



What's On?

**at South Dartmoor and Teign Valley
Children's Centres**



Telephone: 01626 835612

Centre is open 9am - 5pm Monday to Friday

teignbridgecc@actionforchildren.org.uk

For up to date information about the Children's Centre, and everything we have to offer children under 5 and their families, give us a call or like us on Facebook!

**South Dartmoor and Teign Valley Children's
Centres**

in partnership with
Devon
County Council



Monday

Children's Centre Groups

10am - 11.30am

Baby massage (*invite only*) at Moors Edge Children's Centre.

1.15pm – 2.45pm

Child Health Clinic and Baby

Group Chudleigh Scout HQ (Health Clinic fortnightly from the 5th December)

2pm - 3.30pm

Child Health Clinic and Baby

Group Rear of St. Lukes Church, Buckfastleigh.

1pm - 3.00pm

Antenatal Clinic Moors Edge Children's Centre

(Booking essential)

Community Groups

9.00am - 10.30am

Little Lambs St Mary's Primary, Buckfast, TQ11 OEA

10.00am - 12.00pm

Ilington Parent & Toddler Group

10.00am - 12.00pm

Christow Baby & Toddler Group

9.30am - 12.00pm

Tedburn Toddlers Tedburn St Mary.

9.30am– 11.30

Little Rainbows Bovey Tracey Baptist Church.

Tuesday

Children's Centre Groups

9.15am - 10.00am

Songtime/Story time—Buckfastleigh Library.

12.30pm—2pm

Child Health Clinic and Baby Group

Kingsteignton Town Hall.

1.00pm - 2:30pm

Child Health Clinic and Baby Group

Heathfield (Health Clinic only on the 1st week of the month) Moors Edge Children's Centre.

Community Groups

9.00am - 11.00am **Hennock Parent and Toddler Group**

9.30am -11.30am **Diddi Doddies**

Baby and Toddler Group

Doddiscombsleigh

9.45 - 11.45am **Orchard Toddler**

Group Lustleigh

10am - 12noon **Chudleigh Knighton Toddler Group**

10 .00- 11.30am **Kilts**

Kingsteignton

10 .00-11.45am **Miniones**

Chudleigh

10.00—12.00pm **Whitestone Baby and Toddler Group**

2pm - 3.30pm **Blackpool Toddler Group**

Liverton

1.30—3.00pm **Bumps and Babies**

Moretonhampstead

2pm– 3pm **Child Health Clinic**

Moretonhampstead Surgery, every other week starting from the 13/12/16.

Wednesday

Children's Centre Groups

10.00am - 11.30am

Ashburton Baby Group

St Andrews Church Hall, Ashburton.

10am- 12pm

Understanding Your Child's Behaviour

ABC Children's centre Buckfastleigh (*invite only*).

2pm-3pm **Child Health Clinic,**

Christow Surgery, Last wed of the month.

Community Groups

10.00am - 11.30am

Cradle Days St Luke's church hall, Buckfastleigh

9.30am - 11.30am

Bumble Bees Toddler Group

9.30am - 11.30am

Little Liverton Liverton Hall, Bovey Tracey

3- 4.30pm—, **Child Health clinic, Ashburton Health Centre**

2.00pm - 3.30pm **Jack in a Box**

The Church Room, St Peters Church Bovey Tracey.

Thursday

Children's Centre Groups

9.30am - 10.15am

Songtime/Story time

Bovey Tracey Library.

10am - 11.30am

Little Explorers (*invite only*)

Moors Edge Children's Centre.

12.30pm– 2.00pm **Playing**

Together (*invite only*) Sea Scout Hut , Kingsteignton.

9.30am –11.00am **Child Health**

Clinic Riverside Surgery alternate Thurs from 22/12/16.

Community Groups

9.30am - 11am

Heathfield Baby and Toddler

Group (1st & 3rd Thursday of the month)

9.15am - 11.30am

Teign-y-Tots Kingsteignton

10.30am - 11.30am

Tunes for Toddlers Chudleigh

If you would like further information or support to attend these community groups please speak to a member of staff at the Children's Centre.

Friday

Children's Centre Groups

10am - 11.30am (starting the 20/01/16)

Young Parents Group ABC



Like us on facebook!

South Dartmoor and Teign Valley Children's Centres

Community Groups

9.30am - 11.30am

Hedgehogs St Andrews Hall

Ashburton

9.30am - 11.30am

Dunsford Toddler Group

9.30am - 10.00 am

Bounce & Rhyme Kingsteignton Library

9.45am - 11.45am

Chudleigh Play Group

The Children's Centre links up and supports many of the community groups, but is not responsible for the delivery, organisation or management of the group.

Other CC News

Here's Looking At You Baby, Please contact the Children's Centre for more information on— 01626 835612. (coming soon)

Ante-natal Classes (booking essential—please contact CC) Tuesdays 3pm-5pm at Moors Edge Children's Centre